

the Flying Fruit Fly Circus

NATIONAL TRAINING PROJECT



photo by Rob Lacey

609 Hovell Street Albury NSW

13 – 24 July 2009

Our trainers are.....



Ruth Bauer

During a career as Actor, Object Manipulator, Physical Performer, Mechanist, Trainer and Director, Ruth has worked with and for Australian Nouveau Theatre (Anthill), Chamber Made Opera, Handspan Theatre, Women's Circus, Desoxy Theatre, made a film for Eat Carpet (SBS TV), Circus Oz, Dislocate, created her own Water Project at the Melbourne City Baths, toured and trained with FFFC, and performed numerous corporate gigs in and out of Australia. Ruth's area of speciality is aerials.



Philippa Hayball

Internationally recognised ballet dancer, singer and acrobat. Studied dance at Ecole Classique school of dance in Sydney, and at The National Ballet school of Ballet, Toronto, Canada. Lead character role and aerial performer for Cirque du Soleil 'Quidam' for 5 years (2003 –2008) in 11 countries. Also, lead character in Cirque's 'Mystere' performing 10 shows a week in Las Vegas. Performed in 'Phantom of The Opera' for 5 years in Canada, Singapore and Hong Kong. Phillipa is a certified pilates instructor, coached strength training and pilates for the Cirque Du Soleil. She has created an award winning workout DVD, and choreographed and developed: - a new hand to hand acrobatic act, a cerceaux act for young performers, and her own cerceaux set.



Emma McGovern

Emma's passion for the physical art forms have led her on a journey through dance, physical theatre, circus, and martial arts. In 1999 she studied dance at the Conservatorium of Arts in Lismore, Portugal then merged into the world of circus. She has been working professionally for the last 6 years in Australia and overseas, specializing in aerials: - corde lisse, tissu, duo-trapeze, and Aerial ring. Other skills and training include hand balancing, adagio, hand to hand, tumbling, capoeira, and flying trapeze.

Our trainers are.....



Sergei Okhai

A former member of the National Acrobatics Team of Ukraine, Sergei won a silver medal in the World Championships in Beijing, 1994. Between 1995 and 2006 Sergei was a core member of Cirque du Soleil and was an acrobat in the Banquine act of 'Quidam', which won a Golden Clown Award at the Monte Carlo Circus Festival. In March 2006 Sergei took up the position of Master Trainer with FFFC. His speciality is: pitching and acrobatics.



Ruby Rowat

Ruby was first inspired, at age 7, by the Flying Cranes from Russia. Her initiation into circus was with the Canadian version of the Fruities. Both these experiences continue to shape her interest in performance: Ruby has performed worldwide with her award winning swinging trapeze act, working with Cirque Eloize, Soleil, Parasol, Circus Oz, Medrano, Bronetts, Silvers.... Ruby's coaching style is influenced by years of training with technical and expressive masters Victor Fomin, Valerie Dean, Andre Simard and a host of mentors. She loves circus! This class you ask you to sing & dance (this may be as simple as breathing, talking & moving) and using trapeze as the tool to fly. Basic trapeze strength & pain tolerance required, along with a pinch of silliness. Ability to string together 5 moves on trapeze, or comparable skill on floor in dance or tumbling.



Michelle Stevens

Michelle Stevens started out in circus at the age of nine, not *quite* an original Flying Fruit Fly member but close to it. Michelle has worked nationally and internationally performing, teaching and stage-managing. She is now an independent producer running her own business Kindred Circus Productions, which operates in remote areas such as Ernabella on the Pitjantjatjara Lands, Christmas Island and works within the corporate sector. She is the Community Development Officer at the FFFC, and a part time trainer.

Our trainers are.....



Per Westman

For eight years as both performer and teacher Per toured extensively in Australia and overseas with Circus Oz. He has also worked with Festival Circus, The Leaping Loonies and as a freelance artist performing at shopping centres, TV commercials, parades, festivals, and company events. In 1988 he featured in the World Expo parades, the ensemble and street theatres. He was a member of the FFFC and is currently trains in Albury. His skills include physical comedy/clowning, juggling, plate spinning, tumbling, uni-cycling, stilts and balancing. Per regularly tours Australia performing a one-man school show.



Phil Witt

Phil Witt is a circus performer and trainer who first joined FFFC when 10. He has toured New Zealand and conducted training workshops in Far North Queensland. He undertook an intensive masterclass during the renowned Russian Training Project. Phil's signature skills are mini tramp, teeter board and comedy. Phil ran his own company, Evolution Acrobats and conducted teaching courses. He has travelled to Christmas Island to assist devise and train a community circus/theatre performance. Phil is now a trainer with Fruities and shows include: 'Les Clowns Triste' (Sydney, Japan), '3wAyXchange', the Closing Ceremony of the Melbourne Commonwealth Games, 'The Promise' and numerous corporate events.



Yos Worth

Yos began her performance career in 1990 as an aerialist: swinging, flying and duo trapeze. Her inspiration was Archaos Circus, a French contemporary/industrial company.) Yos studied with Master Trainers in London, Spain and France and has amassed a long performance CV for national companies such as Rock'n'Roll Circus, and Queensland Theatre Company. Group bike, pole and juggling were also part of her repertoire in a performance career spanning 12 years. Injuries saw Yos move into the world of hula and contortion, this time being inspired by the San Francisco scene from which she developed 'hula gogo' - merging traditional circus into dance club culture. She co-founded Ante-Matter, Bad-Dog (showcasing underground art/music in Sydney.) Yos was a founding trainer for Women's Circus and Warehouse Circus, and has taught at too many Australian circuses to single out one!



The Flying Fruit Fly Circus is Australia's national centre of excellence in contemporary circus arts for young people. This renowned and much loved company has been the birthplace of many leading national and international circus practitioners. It holds a unique position in our cultural landscape, combining training, performing and a Victorian Education Department school under its umbrella.

The Flying Fruit Fly Circus is delighted to invite Australia's circus companies, trainers and individual physical theatre performers to our **2009 National Training Project**. The emphasis will be on advancing skills - though will certainly help develop skills in a new area. The camp will introduce you to new aspects of your training and reach for that next phase: it will identify areas of your current practice that are ripe for development. The trainers will cast a learned eye over your current skills, routines and progress, while imparting knowledge and experience.

All circus skills require trainees to have achieved a certain level of competency and proficiency in strength, fitness and ability. Participants in the project will be expected to possess an above average level of physical fitness and mental preparedness for hard physical activity.

You'll come away from 2 weeks of intensive training with a smile on your face. You'll be a little sore in the muscles but you're somewhat used to it because you're not a novice - you're an intermediate or advanced circus performer in the making.

The Flying Fruit Fly Circus is committed to ensuring that all training occurs in a safe and responsible manner, minimising at all times the possibility of injury. The minimum age for trainees is 12 years.

Application Form

Please complete application and indemnity forms and return with payment to The Flying Fruit Fly Circus.

Name:..... Postal address:
 Suburb:..... Postcode:..... D.O.B:...../...../.....
 Ph: (H)..... (M)..... Email:
 Are you part of a Group? /Group Name:.....

Skills : Please Tick	1. Beginner			2. Intermediate			3. Advanced				
	1	2	3	1	2	3	1	2	3		
Chinese Poles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tissue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Handstands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Unicycle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hula	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tumble	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Foot Juggle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	A-Ring	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Static Trapeze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Contortion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tightwire	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Duo Trapeze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Adagio	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Juggling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Swinging Trapeze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Skipping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Diablo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Stilts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cloudswing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Teeterboard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Trampoline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Web	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pitching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Mini Trampoline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Clowning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>								

\$990

Payment details: Please find enclosed payment \$
 Cardholder's name:.....
 Card number:.....
 Expiry date:.....
 Signature:.....
Cheques payable to The Flying Fruit Fly Circus

Method: Cheque Money Order Cash
Direct Debit Mastercard VISA
 Bank details: BSB: 032 736 Account no: 205099
 Acct name: Flying Fruit Fly Circus REF: Surname of Applicant

NTP t.shirt \$35

Please include payment with your fees.

For accurate sizing, measure around chest and divide in half.

XXS 44cm XS 46cm S 48cm M 50cm L 52cm XL 54cm XXL 56cm

Important Enrolment Information

All classes are subject to a minimum and maximum number of trainees. Wherever possible, a ratio of 5:1 student to teacher will be observed. FFFC reserves the right to alter details of programs at any stage. If a class is cancelled or altered for any reason, you will be notified. Refunds will only be issued if notice is given at least one month in advance. If notice is given one month or under, 75% of the fee will be refunded.

Registrations close: Fri 12 June 2009

t: (02) 60 21 7044 f: (02) 60 21 7238 e: info@fruitflycircus.com.au
 P O Box 796, Wodonga VIC 3689

the Flying Fruit Fly Circus

DISCLAIMER FORM

Request to train at the National Training Project 13 – 24 July 2009

FIRST NAME

SURNAME

I understand that by signing this agreement I accept full responsibility for my own personal safety within the premises of 609 Hovell Street, Albury and waive any rights to claims for compensation from the Flying Fruit Fly Foundation, (t/a Flying Fruit Fly Circus).

I agree to abide by the following conditions:

1. I will undergo training in a safe and responsible manner toward others and myself at all times.
2. I agree that there will be no alterations to any rigging equipment under any circumstances.
3. I agree that I will advise the Project Director of any falls or accidents that may affect the condition and life expectancy of equipment.
4. I agree that I am only entitled to use the training facilities during scheduled times and dates.

ALL TRAINEES OR THE PARENTS/GUARDIANS OF THE TRAINEES MUST COMPLETE THE FOLLOWING IF THE ATTENDEE IS UNDER 18.

I fully understand the nature of the NTP classes and I give my consent for _____
(if TRAINEE is under 18) to participate knowing and accepting that the Fruit Fly Circus ensures that activities are carried out responsibly and with attention to safety. I understand that I am responsible to pay all medical and/or ambulance costs if necessary, which may occur as a result of my OR my child's actions to him/herself during the program.

I also give permission for persons authorised by the Flying Fruit Fly Circus to seek appropriate medical aid in the event that my child or I is injured.

I agree to indemnify the Flying Fruit Fly Circus from any liabilities, claims, and causes of action that may be brought against the Flying Fruit Fly Circus as a result of or in connection with any act, omission, failure or error on the part of the Flying Fruit Fly Circus occurring wholly or partially during my participation in the project.

Do you have any medical conditions that The Flying Fruit Fly Circus trainers need to be aware of, or that may affect your training?

Date: Signature (Trainee)

Date: Signature: (Parent/Guardian)
